



Allen County **S.A.L.T.** **School to Adult Life Transition**

The evening starts with a light meal. After eating, parents attend the series while their students attend a separate session geared to their age group.

Tuesday, January 21 *6:00 – 7:30 pm

Lima Public Library - Lower Level

650 W. Market St.

Lima, OH 45801

S.A.L.T. is a **FREE** monthly series developed to assist professionals, parents and their youth with disabilities (ages 14-22) for life through high school and beyond. This series hosted by MAP (Multi-Agency Partnerships) offers timely information and resources to navigate the transition from school to adulthood.

**Need transportation to this presentation? – contact Beca Sheidler
419-371-5942 by January 16th**

Parents/Guardians/Professionals:

Supports, Counseling, Case Management and More

Is your teen struggling? Are your teen’s behavior or mental health keeping them from being their best? Is there a student that may need supports?

What resources are in our area?

Lisa Ashafa, Director of Peer and Specialty Services - Coleman Professional Services will share the various programs they offer and how to begin the process.

Students:

Change happens – ways to cope

Life is full of changes – SAFY will help students to recognize stressors and learn coping skills for the classroom, workplace and in their daily lives.

Questions? Contact:

Sue Savinsky 419-221-1385 ext. 2359 ssavinsky@acbdd.org OR

Angie Toland 419-222-1836 ext. 204 angie.toland@staff.allencountyesc.org

One lucky attendee will win a \$25 gift card!